

## A Hierarchy of Bullying Behaviors and Possible Interventions

### Molin Upper Elementary School

Definition of Bullying: Bullying is unfair and one-sided involves an imbalance of power. It happens when someone is repeatedly hurting, frightening, threatening or leaving someone out on purpose. Like harassment, bullying situations take into account the perception of the victim and not just the individual or group action.

Please note that dependent upon the severity or frequency of the behavior, a Level One offense may arise to that of a Level Two intervention.

#### **Level One Bullying Behaviors**

Gossiping/Spreading Rumors  
Embarrassing someone on purpose  
Pushing/Kicking/Hitting  
Spitting  
Mocking/Mimmicking  
Name-calling/Put Downs  
Dirty Looks  
Teasing in a hurtful way  
Daring someone to break a school rule  
Threatening to take or destroy a possession  
Taking or destroying a possession  
Excluding from a group

#### **Level One: Possible Interventions**

1. Apology and making amends by:
  - a) repairing, cleaning, replacing
  - b) writing a report or designing a poster on the topic
2. Loss of privileges
3. Parent Notification
4. Develop a behavior plan
5. Make an environmental change
  - a) move seat
  - b) adjust schedule
  - c) increase level of supervision
6. Class meeting on the topic

#### **Level Two Bullying Behaviors**

Making verbal threats to harm or intimidate  
Using physical violence to cause injury  
Threatening with a weapon  
Viciously encouraging others to exclude someone  
Viciously encouraging others to spread rumors  
Using force to get someone to act unsafely  
Retaliation against someone reporting bullying  
Locking someone in a confined space  
Teasing in a racial/sexual manner  
Humiliating someone publically

#### **Level Two Possible Interventions**

1. Loss of privileges
2. Making amends
  - a. Community service
  - b. Writing a report or designing a poster on the topic
3. In-school Suspension
4. Out-of-school suspension
5. Student Behavior Plan